

# NEED HELP?

In **debt** and need some help?

Threatened with eviction or having **housing** problems?

**Benefits** been assessed incorrectly?

If you claim any of the following benefits you are **ENTITLED** to **FREE** legal aid!

- Income Support
- Income Based Job Seekers Allowance
- Guarantee State Pension Credit

Independent help and advice surgeries are being held in your area, contact one of the advice providers below for more details.

(You may be entitled to free advice if you are on other benefits or have a low income, your local advice provider will be able to inform you whether this is the case)

## BLAENAU GWENT

Organisation	Type of Advice Available	Telephone
Blaenau Gwent Project - c/o Speakeasy Advice (Nantyglo, Ebbw Vale, Tredegar)	Debt and Welfare Benefits	For days, times and locations phone: 02920 453111
Shelter Cymru (Advice Surgeries Held in Brynmawr, Ebbw Vale, Abertillery and Tredegar)	Housing	For days, times and locations phone: 02920 556120

### Other Legal Aid Advice Available

Hugh James & Co (Blackwood)	Mental Health	01495 223328
Harding Evans (Newport)	Employment	01633 244233

# ANGEN HELP?

Mewn **dyled** ac angen help?

Dan fygythiad colli eich cartref neu'n cael problemau **tai**?

**Budd-daliadau** wedi eu hasesu'n anghywir?

Os ydych yn hawlio unrhyw un o'r budd-daliadau hyn mae gennych HAWL i gymorth cyfreithiol DI-DÂL!

- Cymorth Incwm
- Lwfans Ceiswyr Swydd Incwm-Seiliedig
- Credyd Pensiwn

Cynhelir cymorthfeydd help a chyngor annibynnol yn eich ardal, cysylltwch gydag un o'r darparwyr cyngor isod am fwy o fanylion.

(Efallai y byddwch gyda'r hawl i gael cyngor am ddim os rydych ar fudd-daliadau eraill neu gydag incwm isel. Gall eich darparwr cyngor rhoi gwybod i chi os hyn yw'r achos.)

## BLAENAU GWENT

Sefydliad	Math o Gyngor ar Gael	Ffôn
Blaenau Gwent Project c/o Speakeasy Advice (Nantyglo, Glynebwy , Tredegar)	Dyled & Budd-daliadau	Ar gyfer dyddiadau, amserau a lleoliadau ffoniwch 02920 453111
Shelter Cymru Cynhelir cymorthfeydd yn Brynmawr, Abertyleri, Glynebwy, Tredegar)	Tai	Ar gyfer dyddiadau, amserau a lleoliadau ffoniwch 02920 556120

### Cyngor Cymorth Cyfreithiol Arall ar Gael

Hugh James & Co (Coed-duon)	Iechyd meddwl	01495 223328
Harding Evans (Casnewydd)	Cyflogaeth	01633 244233