

NEED HELP?

In **debt** and need some help?

Threatened with eviction or having **housing** problems?

Benefits been assessed incorrectly?

If you claim any of the following benefits you are **ENTITLED** to **FREE** legal aid!

- Income Support
- Income Based Job Seekers Allowance
- Guarantee State Pension Credit

Independent help and advice surgeries are being held in your area, contact one of the advice providers below for more details.

(You may be entitled to free advice if you are on other benefits or have a low income, your local advice provider will be able to inform you whether this is the case)

Carmarthenshire

Organisation	Type of Advice Available	Telephone
Davies Parsons Allchurch	Debt, Housing	01554 749144
Jennings	Debt	01554 772331
Shelter Cymru	Housing	01267 229206
Morris Roberts	Housing	01267 239000
Randell Lloyd Jenkins & Martin	Debt, Housing, Welfare Benefits	01554 772149
Ammanford & District CAB	Debt, Welfare Benefits	01269 590721

ANGEN HELP?

Mewn **dyled** ac angen help?

Dan fygythiad colli eich cartref neu'n cael problemau **tai**?

Budd-daliadau wedi eu hasesu'n anghywir?

Os ydych yn hawlio unrhyw un o'r budd-daliadau hyn mae gennych **HAWL** i gymorth cyfreithiol **DI-DÄL!**

- Cymorth Incwm
- Lwfans Ceiswyr Swydd Incwm-Seiliedig
- Credyd Pensiwn

Cynhelir cymorthfeydd help a chyngor annibynnol yn eich ardal, cysylltwch gydag un o'r darparwr cyngor isod am fwy o fanylion.

(Efallai y byddwch gyda'r hawl i gael cyngor am ddim os rydych ar fudd-daliadau eraill neu gydag incwm isel. Gall eich darparwr cyngor rhoi gwybod i chi os hyn yw'r achos.)

Sir Gaerfyrddin

Sefydliad	Math o Gyngor ar Gael	Ffon
Davies Parsons Allchurch	Dyled, Tai	01554 749144
Jennings	Dyled	01554 772331
Shelter Cymru	Tai	01267 229206
Morris Roberts	Tai	01267 239000
Randell Lloyd Jenkins & Martin	Dyled, Tai, Budd-daliadau	01554 772149
Rhydaman a'r Cyffiniau CAB	Dyled, Tai, Budd-daliadau	01269 590721