

# NEED HELP?

In **debt** and need some help?

Threatened with eviction or having **housing** problems?

**Benefits** been assessed incorrectly?

If you claim any of the following benefits you are ENTITLED to FREE legal aid!

- Income Support
- Income Based Job Seekers Allowance
- Guarantee State Pension Credit

Independent help and advice surgeries are being held in your area, contact one of the advice providers below for more details.

(You may be entitled to free advice if you are on other benefits or have a low income, your local advice provider will be able to inform you whether this is the case)

## CEREDIGION

Organisation	Type of Advice Available	Telephone
Ceredigion CAB (Aberystwyth, Cardigan)	Debt and Welfare Benefits	01970 612817 (Aberystwyth) 01239 613707 (Cardigan)
Welch & Co (Cardigan)	Housing	01239 614070
Shelter Cymru (Aberystwyth, Cardigan, Lampeter)	Housing	01970 611483

## MID & WEST WALES - OTHER LEGAL AID ADVICE AVAILABLE:

Andrew Markham & Co (Carmarthen)	Mental Health	01267 221550
Randell Lloyd Jenkins & Martin Ltd (Llanelli)	Employment	01745 343500
Pritchard Edwards & Co (Carmarthen)	Mental Health	01267 234022
Salter Kelly Solicitors (Ammanford)	Mental Health	01269 592023
Keppe Roffer (Brecon)	Mental Health	01874 624627 (Brecon)
Lowless & Lowless (Tenby, Haverfordwest, Pembroke Dock)	Mental Health	01834 842122 (Tenby,) 01437 769444 (Haverfordwest) 01646 681529 (Pembroke Dock)

# ANGEN HELP?

Mewn **dyled** ac angen help?

Dan fygythiad colli eich cartref neu'n cael problemau **tai**?

**Budd-daliadau** wedi eu hasesu'n anghywir?

Os ydych yn hawlio unrhyw un o'r budd-daliadau hyn mae gennych **HAWL** i gymorth cyfreithiol **DI-DŶL**!

- Cymorth Incwm
- Lwfans Ceiswyr Swydd Incwm-Seiliedig
- Credyd Pensiwn

Cynhelir cymorthfeydd help a chyngor annibynnol yn eich ardal, cysylltwch gydag un o'r darparwyr cyngor isod am fwy o fanylion.

(Efallai y byddwch gyda'r hawl i gael cyngor am ddim os rydych ar fudd-daliadau eraill neu gydag incwm isel. Gall eich darparwr cyngor rhoi gwybod i chi os hyn yw'r achos.)

## CEREDIGION

Sefydliad	Math o Gyngor ar Gael	Ffôn
Ceredigion CAB (Aberystwyth, Aberteifi)	Dyled & Budd-daliadau	01970 612817 (Aberystwyth) 01239 613707 (Aberteifi)
Welch & Co (Aberteifi)	Tai	01239 614070
Shelter Cymru (Aberystwyth, Aberteifi, Llanbedr Pont Steffan)	Tai	01970 611483

### Cyngor Cymorth Cyfreithiol arall ar gael :

Andrew Markham & Co (Rhydaman)	Iechyd meddwl	01267 221550
Randell Lloyd Jenkins & Martin Ltd (Llanelli)	Cyflogaeth	01745 343500
Pritchard Edwards & Co (Caerfyrddin)	Iechyd meddwl	01267 234022
Salter Kelly Solicitors (Rhydaman)	Iechyd meddwl	01269 592023
Keppe Roffer (Aberhonddu)	Iechyd meddwl	01874 624627 (Aberhonddu)
Lowless & Lowless (Dinbych-y-pysgod, Hwlfordd, Doc Penfro)	Iechyd meddwl	01834 842122 (Dinbych-y-pysgod) 01437 769444 (Hwlfordd) 01646 681529 (Doc Penfro)