

# NEED HELP?

In **debt** and need some help?

Threatened with eviction or having **housing** problems?

**Benefits** been assessed incorrectly?

If you claim any of the following benefits you are **ENTITLED** to **FREE** legal aid!

- Income Support
- Income Based Job Seekers Allowance
- Guarantee State Pension Credit

Independent help and advice surgeries are being held in your area, contact one of the advice providers below for more details.

(You may be entitled to free advice if you are on other benefits or have a low income, your local advice provider will be able to inform you whether this is the case)

## MONMOUTHSHIRE

Organisation	Type of Advice Available	Telephone
Shelter Cymru (Advice Surgeries Held in Monmouth, Abergavenny, Chepstow, Caldicot)	Housing	For days, times and locations phone: 02920 556120
<b>Other Legal Aid Advice Available</b>		
Blaenau Gwent Project - c/o Speakeasy Advice (Nantyglo, Ebbw Vale, Tredegar)	Debt, Welfare Benefits	02920 453111
Harding Evans (Newport City Centre)	Debt, Housing, Employment	01633 244233
Hodson Parsons James and Vaux (Newport City Centre)	Debt, Housing	01633 242526
Gartsides (Newport City Centre)	Housing	01633 213411
Hugh James & Co (Blackwood)	Mental Health	01495 223328
Newport CAB (Newport City Centre)	Debt, Welfare Benefits	01633 265688
Torfaen CAB	Debt, Welfare Benefits	01633 482464

# ANGEN HELP?

Mewn **dyled** ac angen help?

Dan fygythiad colli eich cartref neu'n cael problemau **tai**?

**Budd-daliadau** wedi eu hasesu'n anghywir?

Os ydych yn hawlio unrhyw un o'r budd-daliadau hyn mae gennych **HAWL** i gymorth cyfreithiol **DI-DÂL!**

- Cymorth Incwm
- Lwfans Ceiswyr Swydd Incwm-Seiliedig
- Credyd Pensiwn

Cynhelir cymorthfeydd help a chyngor annibynnol yn eich ardal, cysylltwch gydag un o'r darparwr cyngor isod am fwy o fanylion.

(Efallai y byddwch gyda'r hawl i gael cyngor am ddim os rydych ar fudd-daliadau eraill neu gydag incwm isel. Gall eich darparwr cyngor rhoi gwybod i chi os hyn yw'r achos.)

## SIR FYNWY

Sefydliad	Math o Gyngor ar Gael	Ffôn
Shelter Cymru (Cynhelir cymorthfeydd yn Trefynwy, Y Fenni, Cas-gwent, Caldicot)	Tai	Ar gyfer dyddiadau, amserau a lleoliadau ffoniwch 02920 556120
Cyngor Cymorth Cyfreithiol Arall ar Gael		
Blaenau Gwent Project - c/o Speakeasy Advice (Nantyglo, Glynebwy, Tredegar)	Dyled, Budd-daliadau	02920 453111
Harding Evans (Casnewydd)	Dyled, Tai, Cyflogaeth	01633 244233
Hodson Parsons James and Vaux (Casnewydd)	Dyled, Tai	01633 242526
Gartsides (Casnewydd)	Tai	01633 213411
Hugh James & Co (Coed-duon)	Iechyd Meddwl	01495 223328
Newport CAB (Casnewydd)	Dyled, Budd-daliadau	01633 265688
Torfaen CAB	Dyled, Budd-daliadau	01633 482464