

NEED HELP?

In **debt** and need some help?

Threatened with eviction or having **housing** problems?

Benefits been assessed incorrectly?

If you claim any of the following benefits you are **ENTITLED** to **FREE** legal aid!

- Income Support
- Income Based Job Seekers Allowance
- Guarantee State Pension Credit

Independent help and advice surgeries are being held in your area, contact one of the advice providers below for more details.

(You may be entitled to free advice if you are on other benefits or have a low income, your local advice provider will be able to inform you whether this is the case)

TORFAEN

Organisation	Type of Advice Available	Telephone
Torfaen CAB (Cwmbran)	Debt and Welfare Benefits	01633 482464
Shelter Cymru (Advice Surgeries Held in Cwmbran, Pontypool, Blaen- navon)	Housing	For days, times and locations phone: 02920 556120

Other Legal Aid Advice Available

Harding Evans (Newport City Centre)	Employment	01633 244233
Hugh James & Co (Blackwood)	Mental Health	01495 223328

ANGEN HELP?

Mewn **dyled** ac angen help?

Dan fygythiad colli eich cartref neu'n cael problemau **tai**?

Budd-daliadau wedi eu hasesu'n anghywir?

Os ydych yn hawlio unrhyw un o'r budd-daliadau hyn mae gennych HAWL i gymorth cyfreithiol **DI-DŶL!**

- Cymorth Incwm
- Lwfans Ceiswyr Swydd Incwm-Seiliedig
- Credyd Pensiwn

Cynhelir cymorthfeydd help a chyngor annibynnol yn eich ardal, cysylltwch gydag un o'r darparwyr cyngor isod am fwy o fanylion.

(Efallai y byddwch gyda'r hawl i gael cyngor am ddim os rydych ar fudd-daliadau eraill neu gydag incwm isel. Gall eich darparwr cyngor rhoi gwybod i chi os hyn yw'r achos.)

TORFAEN

Sefydliad	Math o Gyngor ar Gael	Ffôn
Torfaen CAB (Cwmbran)	Dyled & Budd-daliadau	01633 482464
Shelter Cymru Cynhelir cymorthfeydd yn Cwmbran, Pont-y-pŵl, Blaenavon	Tai	Ar gyfer dyddiadau, amserau a lleoliadau ffoniwch 02920 556120
Cyngor Cymorth Cyfreithiol arall ar gael		
Harding Evans (Casnewydd)	Cyflogaeth	01633 244233
Hugh James & Co (Coed-duon)	Iechyd meddwl	01495 223328